

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: AST

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bahn Müller Jana HEADCOACH

Coaches: Bahn Müller Michael

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:3, starttime: 14:48
Heat: 3/6 Lane : 2 Athlete: BOTERBERGH LIEKE					Q-time: 01:14:58
PB (25m pool): 01:14.58 EEKLO 04/10/2026					PB (50m pool): 01:15.47 SB: 01:14.58 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.97		01:14.58	
		00:36.97		00:37.61	
					

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16					Heat:4, starttime: 15:08
Heat: 4/4 Lane : 1 Athlete: MAES NOOR					Q-time: 00:32:86
PB (25m pool): 00:32.66 Sint-Amandsberg 18/10/2026					PB (50m pool): 00:33.42 SB: 00:32.66 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M			
PB		00:32.66			
		00:32.66			
					

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16					Heat:4, starttime: 15:08
Heat: 4/4 Lane : 8 Athlete: GUISET JELLE					Q-time: 00:33:28
PB (25m pool): 00:33.28 Gent 23/02/2025					PB (50m pool): 00:33.95 SB: 00:33.32 EEKLO 04/10/2026
	2 5 M	5 0 M			
PB		00:33.28			
		00:33.28			
					

Coach feedback:

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Event number: 21: 50M FREESTYLE MEN 13-14							Heat:5, starttime: 15:36		
Heat: 5/5 Lane : 2 Athlete: WACHTELAER CELLE							Q-time: 00:26:66		
PB (25m pool): 00:26.16 Sint-Amandsberg 18/10/2026							PB (50m pool): 00:27.14 SB: 00:26.16 Sint-Amandsberg 18/10/2026		
	2 5 M		5 0 M						
PB			00:26.16						
	00:26.16								
									

Coach feedback:

Event number: 22: 50M FREESTYLE WOMEN 13-14							Heat:3, starttime: 15:39		
Heat: 3/5 Lane : 4 Athlete: BOTERBERGH LIEKE							Q-time: 00:29:41		
PB (25m pool): 00:28.90 Sint-Amandsberg 18/10/2026							PB (50m pool): 00:30.13 SB: 00:28.90 Sint-Amandsberg 18/10/2026		
	2 5 M		5 0 M						
PB			00:28.90						
			00:28.90						
									

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16					Heat:4, starttime: 15:51			
Heat: 4/6 Lane : 2 Athlete: CHERRETTé BALDER					Q-time: 02:03:97			
PB (25m pool): 02:04.45 EEKLO 04/10/2026					PB (50m pool): 02:03.97 SB: 02:04.45 EEKLO 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.63		01:00.54		no time		02:04.45
	00:28.63		00:31.91					
								

Coach feedback: